



THE AMERICAN LEGION

MORGAN McDERMOTT POST #7

330 W. FRANKLIN STREET, TUCSON, AZ 85701-8208

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JANUARY, 2010



There are 20,000 American POW's from World War II, 5,000 from Korea and hundreds from Viet Nam. We can't read it too often and we can't remember them often enough. If they can't be home with us, let's make sure they are with us in spirit and in our hearts. Perhaps it will give another ounce of courage and the strength to hold on another day until the time they are released and returned to their homes and a grateful nation.



COMMANDER'S MESSAGE

ABE RODRIGUEZ, COMMANDER

HAPPY NEW YEAR

I HOPE EVERYONE HAD A WONDERFUL HOLIDAY SEASON WITH YOUR LOVED ONES.

I would like to thank the SAL's and their wives for serving an excellent turkey dinner. It was the first time I had it and it was a 15 from a scale of 1-10. Good job folks.

This year the Post adopted two needy families for CHRISTMAS and the response from the membership was perfect. We received gifts and food for both families.

I would like to give my sincere thanks to PAST Commander ABRAM and GEORGINA Lares for their donation to the Post so that we can expand the bar. Thank you very much and keep selling that jewelry.

I have had several people come up to me and ask me why I transferred to Post 7. My answer to them is look for yourself. We all work for the same goal: the Veterans. Without them, we would not have a Post or a house or our freedom and that is why I transferred because we are one happy Post 7 family.

Please don't forget to pay your dues for 2010 because we have the dues patrol on duty.

For God and Country,
Abraham "Abe" Rodriguez, Commander

POST OFFICERS

COMMANDER	ABE RODRIGUEZ
SR. VICE COMMANDER	DALE MOSS
JR. VICE COMMANDER	
ADJUTANT	LOREN MOSS
FINANCE OFFICER	JIM SMITH
CHAPLAIN	DENNIS MATSON
HISTORIAN	KEN JOHNSON
SERGEANT AT ARMS	PARKER LANE
SERVICE OFFICER	LOREN MOSS
JR. PAST COMMANDER	ABRAM LARES
EXECUTIVE COMMITTEE	
MEMBERS AT LARGE	EDDY BARNETT
	CHUCK HUDSON
	GEORGE MOLINA
	LOUIE PELLON
JUDGE ADVOCATE	



LADIES AUXILIARY UNIT #7

ARLENE MOSS, PRESIDENT

Although she was not a member of Unit #7, we are all saddened by the passing of La Van Erickson in December.

I hope you were all good this past year so that Santa brought you what you wanted.

Remember our District 2 meeting will be held on Sunday, January 17, at Post #59 at 2:00 PM. Post #59 is located between St. Marys and Speedway on Grande on the East side of the street.

I wish you all a very Happy New Year, and pray that it is a spectacular year for all of you, and our Unit.

For God and Country,
Arlene Moss, President



LEGION RIDERS

Lou Scheer, President

Greetings to all of the Post 07 folks. We had a heck of a year. The car/bike show, the 911 Ride, the flag ceremony. Shows just how great Post 07 is. I want to thank our Commander, Abe, for all of his help and support of the Riders. It reflects on our Post highly and we have definitely made a name for ourselves. The Riders will be moving their support out at the VA to the Blind Rehab area. They do not get the support other sections of the VA get. We also plan on reaching out to the psych section at One West. Many of our Riders had the honor of escorting several service members and vets to their final mission in 2009. It is always a moving occasion and can be very emotional as well. This is the least we can do for so many that served this great country. We will continue to honor these folks in 2010 as well.

As a reminder to anyone interested. You don't have to be Legion Rider to ride with us. You do need a bike that is over 350 cc. Leave the politics at home, it is about the riding and the comradery. Thank you Post 07 for helping the Legion Riders of Post 07 become what they are.

Keep the shiny side up.
 Lou Scheer, President

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Drop by and say "Hi." The coffee pot is always on!
 Mention this ad and get the Legion discount.

Do all the good you can; By all the means you can; In all the ways you can; In all the places you can; At all the times you can; To all the people you can; As long as ever you can. ~ John Wesley

"You can complain because roses have thorns or you can rejoice because thorns have roses." ~ Ziggy

Life's 2 short. . .ride your best horse first!

APATHY is the greatest danger to our freedom!!

VOLUME 7, ISSUE 1

This newsletter is published monthly by Post 7 from the Legion Offices in Tucson, Arizona.

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EDITOR'S NOTES

The Post will now be accepting advertisements to offset the cost of the printing and mailing of our Sunshiner. The following annual rates will apply:

1/8 page (Business Card)	\$24.00
1/4 page	\$48.00
1/2 page	\$96.00
Full page	\$180.00

NOTE: WHEN YOU BUY AN AD HERE, YOU GET FREE ON-LINE ADVERTISING ALSO!

All business advertisers must have a business license, and we make no claim as to the quality of the advertisers services, nor do we express or imply an endorsement of the advertisers.

If you patronize any of our advertisers, please let them know that you saw their advertisement in our Sunshiner Newsletter!

Please note that we must strictly adhere to the deadline for Sunshiner articles posted on the calendar. If it isn't, then the paper can't get to our members in a timely manner.

ATTENTION: If you are receiving more than one Sunshiner Newsletter per address, please let us know so extras can be deleted. This will help us cut down on our postage and printing costs. Also let us know should you decide to read the Sunshiner on line at <http://morganmcdermottpost7.com>. This will also help keep our costs down. You can print the calendar, also.

January 2010

SUN	MON	TUE	WED	THU	FRI	SAT
					1 NEW YEAR'S DAY NO FISH FRY	2
3 NFL GAMES	4 <i>MONDAY NIGHT FOOTBALL KELLY SERVING</i>	5 <i>DUGOUT LOUNGE OPEN KELLY SERVING</i>	6 <i>CONVERTIBLE CLUB 6:30 PM</i>	7 <i>POST EXECUTIVE COMMITTEE MEETING 6 PM</i> <i>BYLAWS COMMITTEE MEETING IMMEDIATELY FOLLOWING E-COMM</i>	8 <i>LIVE MUSIC IN THE LOUNGE 7-11 PM</i>	9
10 <i>NFL GAMES</i> <i>S.A.L. MEETING 1 PM</i> <i>SO. AZ AIRBORNE MTG 1:30 PM</i> <i>S.A.L. STEAK FRY 3 PM</i>	11 <i>MONDAY NIGHT FOOTBALL KELLY SERVING</i>	12 <i>DUGOUT LOUNGE OPEN KELLY SERVING</i>	13	14 <i>AUXILIARY EXECUTIVE COMMITTEE MTG 6 PM</i> <i>AUXILIARY REGULAR MTG 7 PM</i>	15 <i>FISH FRY \$7.50 6 PM</i> <i>LIVE MUSIC IN THE LOUNGE 7-11 PM</i>	16
17 <i>NFL GAMES</i> <i>DISTRICT 2 MEETING 2 PM AT POST #59</i>	18 <i>MONDAY NIGHT FOOTBALL KELLY SERVING</i>	19 <i>DUGOUT LOUNGE OPEN KELLY SERVING</i>	20 <i>EL RIO GOLF CLUB MTG. 6 PM</i> <i>LEAGUE OF MEXICAN-AMERICAN WOMEN 7 PM</i>	21 <i>LEGION POST REGULAR MTG 7 PM</i>	22 <i>LIVE MUSIC IN THE LOUNGE 7-11 PM</i>	23
24 <i>NFL GAMES</i>	25 <i>MONDAY NIGHT FOOTBALL KELLY SERVING</i>	26 <i>DUGOUT LOUNGE OPEN KELLY SERVING</i>	27	28	29 <i>LIVE MUSIC IN THE LOUNGE 7-11 PM</i>	30 <i>LEGION RIDERS MEETING 10 AM</i>
31 <i>NFL GAMES</i>						

THE DUGOUT

Bartenders: Mary Helen Manges
Kelly Roberts

HOURS FOR THE DUGOUT LOUNGE

MONDAY—THURSDAY 3 PM—9 PM

**FRIDAY AND SATURDAY
12 PM THRU 9 PM**

**SUNDAY 9 AM—9 PM
Will stay open if busy!!!**

WE HAVE THE NFL SUNDAY TICKET!!!

Happy Hour

**Monday Thru Saturday 4 PM—7 PM
Sunday—All Day!!!**

Check out our website at:
<http://morganmcdermottpost7.com>

For info on upcoming, and spontaneous activities.
Or call the Post at 622-8703 during lounge hours
to see what is happening.

**We have live music in the Lounge every Fri-
day 6:30 PM—10:30 PM**

**Come down enjoy the music and meet up
with some old friends, and some new ones!**

**"Cruisin' for a Cause" T-shirts are still on
sale at the Dugout Lounge. All shirts, long or
short sleeved, are \$10 a piece. All proceeds
go to the V. A. Patient's Canteen Fund.**

ADJUTANT'S CORNER

Loren Moss, Adjutant

I hope everyone had a great
Christmas and New Year holiday!

I want to thank those members
who have brought in a copy of their
DD 214. I want to remind all officers
of Post 7 that it is required we have a
copy of their DD 214 on file, as I have
to submit a report to Department veri-
fying each officer's service.

If your dues are not paid by
January 1, you are delinquent. The
Post Membership Chairman will either
be calling or sending you a letter of re-
minder.

At present our membership
stands at 439. Our goal is 475. That
puts the Post membership at 92.6%.
GOOD JOB EVERYONE!

For God and Country,
Loren Moss, Adjutant

COMING ATTRACTIONS

February, 2010

2/7/10 2:00 PM Four Chaplains Ceremony

2/13/10 S.A.L. Valentine Dinner and Dance

Watch your *Sunshiner* Newsletter for all the particulars and
information on the above and other upcoming events.



JOHN A. GRAVINA

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GREAT TRUTHS.....

- 1—Growing old is mandatory; growing up is optional.....
- 2—Wisdom comes with age, but sometimes age comes alone.
- 3—Time may be a great healer, but it's a lousy beautician
- 4—Wrinkles don't hurt
- 5—Families are like fudge...mostly sweet, with a few nuts.
- 6—Raising teenagers is like nailing jelly to a tree.
- 7—Today's mighty oak is yesterday's nut that held its ground.
- 8—Laughing is good exercise. It's like jogging on the inside.
- 9—You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.

NOTICE

**EVERY SUNDAY DURING
FOOTBALL SEASON
SERVED FROM 11 AM UNTIL SOLD OUT
Joe Roberts or some other volunteer will
be cooking the treats below for your en-
joyment!**

HOT DOGS	\$1.00
HAMBURGERS	\$2.00
CHEESE BURGERS	\$2.50

VOLUME 7, ISSUE 1

The Sunshiner

THE AMERICAN LEGION
MORGAN McDERMOTT POST #7
330 W. FRANKLIN STREET
TUCSON, AZ 85701-8208

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VOLUME 7, ISSUE 1
PUBLISHED MONTHLY
JANUARY, 2010

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S.A.L. SQUADRON #7

JOE ROBERTS, COMMANDER

Hi everybody,

For the second month in a row, I must begin on a sad note. Squadron 7 has lost one of its hardest working and most loyal members. Larry Grigg has moved on to Squadron Everlasting to serve a higher purpose. Although Larry has not been around the Post home in a while, I know how much good he did for Post 7 in the past. I knew Larry for more than 30 years and he was always willing to help and as friendly a man as you would want to meet. His contributions will be missed.

On a happier note, I would like to thank everyone who turned out for our Deep-Fried Turkey Christmas Dinner. The food was spectacular and I think all who attended were quite pleased with what they got. Also, I want to thank all of the members and family members who volunteered to cook and serve the meals. I really appreciate all of the long hours and effort put forth by our group. Great job!!

We will again be serving our T-Bone steak dinners on January 10. We will be adding to our menu this month, so be sure to come in to see what we have. Don't worry, we're not taking anything away. Just adding a bit for you to choose from.

And as a reminder, in February Squadron 7 will be hosting a Valentine's Day dinner and dance with the proceeds benefiting Fisher House. The menu is still under construction, but there will be dinner and music to follow. We will also be accepting donations beginning in January for Fisher House that will give you a chance to show your support. We will have paper hearts that you can put your name on for a \$2 donation. They will be hung at the Post and all proceeds will be donated to Fisher House.

And finally, some of you may know young Ben, an active duty Dual Member of Post and Squadron 7. He's the tall, young guy (just turned 21) at our functions. Ben recently informed us that he will soon be deployed and separated from his friends and loved ones here at home. To bring a little of us to him while he's gone, I would ask that you take a few minutes when you have a chance, to send him an email. Let him know how much we miss him and appreciate his service to our country. You can email him at: rattlersenior@gmail.com. I know he will appreciate every word he gets from us and it is the least we can do to show him how much we care. Thank you.

Until next time...

Joe Roberts
Squadron Commander